

B I O



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PhD in Neuroscience, University of Barcelona (2012), teacher, actress-performer, playwright and stage creator, specialist in Physical Theater, graduated from the Nouveau Colombier Mime School (2018) and the International Theater School of Arturo Bernal (2019); and in **Butoh Dance**, trained at the JINEN Butoh School of Atustushi Takenouchi (2019) and member of the international butoh company The Physical Poets directed by Mushimaru Fujieda. She has developed several projects as social communicator from the Community Radios of the Community of Madrid (URCM) and as Director of Communication of the Spanish Society of Neuroscience (SENC).

Since 2018, she directs La Sombras & Company, a company that uses **butoh dance** together with **physical theater**, **poetic voice**, new **technologies** and **science** for **multidisciplinary scenic creation** in collaboration with other international artists and scientists, for a broader understanding of our nature. She develops a unique language, *the poetry of the flesh*, delving into the movement of the unconscious world through the awakening of sensoriality for the construction of a **symbolic narrative**. She uses the movement of the poetic imaginary in the bodies to take the public to a dreamlike state. She has performed in several festivals in between Europe and Asia (Spain, Italy, Austria, South Korea and Japan).

She is part of international collective creation groups for the development of creative communities in nature: Space for nature, a multidisciplinary art platform for the research of human-nature interaction; Cadáver Exquisito, butoh collective to share methodologies and develop festivals and meetings in the national territory (Suite de Butoh); collaborates with the Italian theater company The Rainbow Theatre directed by Leonarda Saffi for the creation of a common creation methodology Cuerpo In Chaos Labs; She is an interactive performer in the artistic experiences developed by Nacho Arantegui from the project Trarután Art and Nature for the creation and integration of Art and Dance in Nature.

As a scientist and artist, her personal and professional goal is focused on finding common ground for the integration of art, science and nature, building bridges between butoh dance, theater and neurobiology, in a way that helps us to understand, with a multidisciplinary perspective, how the brain and the body work in relation to the mind, and to investigate in movement the mystery of life and existence. To this end, she is currently developing an interdisciplinary methodology of scenic creation for the awakening of the creative soul through the movement of mental images, and in a way that helps us to improve and expand our sensory and perceptual capacity of the sensitive world: Synaptic Butoh.